# Effect of Rehabilitation on Strength Ratio on Ankle Muscles in Adult

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The 10<sup>th</sup> International Society of Physical and Rehabilitation Medicine, ISPRM, Kualalumpur, Malaysian, May 29 – June 2, 2016.

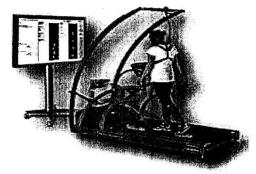
Type of Participation: Search Study.

The following benefits were acquired:

#### ·At personal level

- -Communication with research from different scientific background.
- -Improved personal and presentation skills
- -Increase scope of research
- -Enrich my scientific knowledge
- -increase my self-confidence in my research ideas and work.
- update scientific knowledge about advanced instrumentation in assessment and rehabilitation.

Instrumented h/p/cosmos treadmill – through the zebris medical pressure distribution platform



integrated instrumented pressure platform within the treadmill - detailed analysis of all gait parameters compatible with Simi Motion video analysis -visual stimulation for gait training – visual clues for patients projected onto treadmill, for example footsteps, blocks, dots, etc.

virtual training for improvement of cognitive skills and balance

### THERA- Trainer balo

It is a dynamic standing and balancing trainer. Feet, legs and pelvis can be secured together or individually in almost any position depending on the exercise goal. The THERA-Trainer balo can also be adjusted to suit the needs of severely and critically affected patients (including those in a vegetative state).



# •At faculty level

-Broaden scope of research through communication with researcher from different countries.

-Allocate faculty of physical therapy, Cairo University research level between several countries seeking improvement.

-Put faculty on the map of scientific research.

The following workshops were presented in:

First day 29/5/2016

Clinical Gait analysis

Assessment of swallowing problems

Musculoskeletal ultrasound (upper and lower limbs)

Non-invasive brain stimulation

Extracorporeal shock wave therapy in musculoskeletal disorders

The following items were discussed in the conference sessions:

### Second day 30/5/2016

#### •stroke

- -stroke rehabilitation role in cortical reorganization
- Knee hyperextension orthosis on lower extremity motor functions in individuals with stroke: a randomized controlled trail

#### ·Pain

- -Complex regional pain syndrome : an update
- -Randomized controlled trial of cervical nerve root pulsed radiofrequency via posterior approach for the cervical radioculopathy.

# ·Musculoskeletal condition

- -Physical activity in osteoporosis rehabilitation.
- -Rheumatoid Hand Rehab steps.

# Physical and rehabilitation medicine intervention

-Ultrasound therapy versus extracorporeal shock wave therapy in treatment of plantar fascitis.

### PRM intervention

Correlation of sonographic longitudinal-sagittal technique and transverseaxial technique of articular cartilage measurement in patients with knee osteoarthritis.

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# Third day 31/5/2016

# Traumatic brain injuries

-The relationship between iq and cerebral metabolic rate of oxygen for

traumatic brain injury with higher brain dysfunction

- -Self-awareness of neuropsychological functioning at five years following traumatic brain injury
- -The applicability of errorless learning strategy in neurological rehabilitation: a systematic review of clinical trials

# Back pain and spin disorders

- -Evidence based physical and rehabilitation medicine: conservative approach to adolescents with idiopathic scoliosis
  - -Role of gravity reduction therapy in management of prolapsed lumbar inter-vertebral disc
- -Effectiveness of a research designed cost-effective lumbar brace as an adjunct in the treatment to patients with non-neurological low back pain

- -Music therapy for geriatric rehabilitation
- -Characteristics of falls in patients with hip fragility fractures in italy: the physiatric approach to osteoporosis 2 survey
- -Are dietary supplements effective for musculoskeletal and cognitive functions in older people? a scoping review

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- -Computer-assisted cryotherapy in rehabilitation after total knee arthroplasty.
- -Hypovitaminosis in patients with radial fractures
- -Lower limb muscle reflex contraction latency, peak force and movement control in children with developmental coordination disorder.
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- -The cost and use of rehabilitation in patients with hemophilia a in taiwan: a nationwide population-based study
- -Meeting global needs for cancer rehabilitation
- -pesanserinus tendinitis/bursitis after total knee arthroplasty: mesotherapy treatment our experience
- -Performance of women with fibromyalgia in walking-up stairs while carrying a load
- -The effectiveness of transforaminal epidural steroid injection in patients with radicular low back pain: combining the results with predictive value of pain provocation

#### Fifth day 2/6/2016

- -ICF vocational rehabilitation core sets in SCI
- -Practical considerations when selecting rehabilitation outcome measures
- -Therapeutic applications of noninvasive brain stimulation in clinical neurorehabilitation
- -Effects of low- and high-frequency repetitive magnetic stimulation on neuronal cell proliferation and growth factor expression: a preliminary report
- -Clinical trial of baclofen and electrical stimulation in management of spasticity
- -Disorders of attention, including neglect
- -Disorders of consciousness in disaster rehabilitation
- -New development in dysphagia management
- -Does respiratory phase influence the anatomy of the pharynx and larynx? Analysis using 3d dynamic computed tomography
- -Assessment of swallowing using high-resolution manometry.